Jon Star

Ridgedale YMCA *Hot Tub Cleaned Every Other Tuesday Morning.

September 30th - October 6th, 2024 ***NO Reservations Required (Except Water Ex Classes)**

*Schedule subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 8:00am						
Lap Swim (5) Exercise Lane (1)	CLOSED	CLOSED				
					7:00am - 8:45am	7:00am - 9:45am
					Lap Swim (5) Water Exercise (1)	Lap Swim (5)
8:15-8:45 CLOSED	Water Excicise (1)	Water Exercise (1)				
9:00am - 12:00pm	9:00am - 9:45am	9:00am - 12:00pm	9:00am - 9:45am	9:00am - 12:00pm	9:00am - 10:00am	
	Water Ex Class		Water Ex Class		Water Ex Class	
Water Ex Class > 9:00 - 10:00	10:00am - 3:00pm	Water Ex Class > 9:00 - 10:00	10:00am - 3:00pm	> 9:00 - 10:00	10:15am - 12:30pm	10:00am - 11:45am
> 10:15 - 11:00	10.000111 5.000111	> 10:15 - 11:00	10.000111 5.000111	> 10:15 - 11:00	10.130m 12.30pm	10.000111 11.450111
> 11:15 - 12:00		> 11:15 - 12:00		> 11:15 - 12:00	Swim Lessons (4)	Lap Swim (4)
	Lap Swim (5)		Lap Swim (5)		Lap Swim (2)	Open Swim (2)
12:15pm - 3:00pm	Water Exercise (1)	12:15pm - 3:00pm	Water Exercise (1)	12:15pm - 3:00pm		12:00pm - 1:00pm
op 0.00p						Water Ex Class
					12:45pm - 4:00pm	
Lap Swim (4)		Lap Swim (5)		Lap Swim (5)	Lap Swim (4)	1:15pm - 2:15pm
Water Exercise (1)		Water Exercise (1)		Water Exercise (1)	Open Swim (2)	Lap Swim (5)
						Water Exercise (1)
						2:30pm - 4:45pm
3:15pm - 4:15pm	3:15pm - 5:00pm	3:15pm - 4:15pm	3:15pm - 5:15pm	3:15pm - 5:00pm		
Lap Swim (4) Open Swim (2)		Lap Swim (4) Open Swim (2)				Swim Team
Open Swim (2)	Lap Swim (4)	Open Swiii (2)		Lap Swim (4)		
4:30pm - 6:45pm	Open Swim (2)	4:30pm - 6:45pm	Lap Swim (4)	Open Swim (2)	4:15pm - 4:45pm	
			Open Swim (2)		Lap Swim (5)	
Swim Lessons		Swim Lessons			Water Exercise (1) No Open Swim	
No Lap Swim		No Lap Swim			No Open Swim	
No Open Swim		No Open Swim				
	5:15pm - 6:45pm	-		5:15pm - 6:15pm		
			5:30pm - 6:30pm			
	Swim Team		Swim Team	Water Ex Class		
			6:30pm - 8:30pm	6:30pm - 8:30pm		
7:00pm - 7:45pm	6:45pm - 8:30pm	7:00pm -8:45pm			CLOSED	CLOSED
Water Ex Class (3)	5. 15pm 0.50pm		Stution Transfer (E)	Swime Trans (A)	CLUSED	CLOSED
Swim Team (3)	Swim Team (4)		Swim Team (5) Lap Swim (1)	Swim Team (4) Lap Swim (2)		
7:45pm - 8:30pm	Lap Swim (1)	Lap Swim (5)		ταρ στοπι (2)		
Swim Team (3)		Water Exercise(1)				
Lap Swim (3)						
CLOSED	CLOSED		CLOSED	CLOSED		

For most up to date schedule, please check online: https://www.ymcanorth.org/all_y_schedules/pdf_schedule
**** Lane availability may change due to private swim lessons. ***

Ridgedale YMCA *Hot Tub Cleaned Every Other Tuesday Morning. LAP POOL SCHEDULE October 7th - 13th, 2024 *Schedule sul

*NO Reservations Required (Except Water Ex Classes)

*Schedule subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 8:00am	5:00am - 8:00am	5:00am - 8:00am	5:00am - 8:00am	5:00am - 8:00am	,	,
Lap Swim (5) Exercise Lane (1)	Lap Swim (5) Exercise Lane (1)	Lap Swim (5) Exercise Lane (1)	Lap Swim (5) Exercise Lane (1)	Lap Swim (5) Exercise Lane (1)	CLOSED	CLOSED
					7:00am - 8:45am	7:00am - 9:45am
					Lap Swim (5) Water Exercise (1)	Lap Swim (5)
8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	Water Excicise (1)	Water Exercise (1)
9:00am - 12:00pm	9:00am - 9:45am	9:00am - 12:00pm	9:00am - 9:45am	9:00am - 12:00pm	9:00am - 10:00am	
Weber Fri Class	Water Ex Class	Weter Fre Class	Water Ex Class	Mater Fre Class	Water Ex Class	
Water Ex Class > 9:00 - 10:00	10:00am - 3:00pm	Water Ex Class > 9:00 - 10:00	10:00am - 3:00pm	Water Ex Class > 9:00 - 10:00	10:15am - 12:30pm	10:00am - 11:45am
> 10:15 - 11:00		> 10:15 - 11:00		> 10:15 - 11:00		
> 11:15 - 12:00		> 11:15 - 12:00		> 11:15 - 12:00	Swim Lessons (4)	Lap Swim (4)
	Lap Swim (5) Water Exercise (1)		Lap Swim (5) Water Exercise (1)		Lap Swim (2)	Open Swim (2)
12:15pm - 3:00pm	water exercise (1)	12:15pm - 3:00pm	water exercise (1)	12:15pm - 3:00pm		12:00pm - 1:00pm
					12:45pm - 4:00pm	Water Ex Class
Lap Swim (4)		Lap Swim (5)		Lap Swim (5)	12.100	1:15pm - 2:15pm
Water Exercise (1)		Water Exercise (1)		Water Exercise (1)	Lap Swim (4)	Lap Swim (5)
					Open Swim (2)	Water Exercise (1)
						2:30pm - 4:45pm
3:15pm - 4:15pm	3:15pm - 5:00pm	3:15pm - 4:15pm	3:15pm - 5:15pm	3:15pm - 5:00pm		
Lap Swim (4)		Lap Swim (4)				Swim Team
Open Swim (2)	Lap Swim (4)	Open Swim (2)		Lap Swim (4)		
4:30pm - 6:45pm	Open Swim (2)	4:30pm - 6:45pm	Lap Swim (4)	Open Swim (2)	4:15pm - 4:45pm	
			Open Swim (2)		Lap Swim (5)	
Swim Lessons		Swim Lessons			Water Exercise (1) No Open Swim	
No Lap Swim		No Lap Swim			No Open Swim	
No Open Swim		No Open Swim				
	5:15pm - 6:45pm			5:15pm - 6:15pm		
			5:30pm - 6:30pm			
	Swim Team		Swim Team	Water Ex Class		
			6:30pm - 8:30pm	6:30pm - 8:30pm		
7:00pm - 7:45pm	6:45pm - 8:30pm	7:00pm -8:45pm				
Water Ex Class (3)	0.45µm - 8:30pm	7.00pm-8:45pm			CLOSED	CLOSED
Swim Team (3)	Swim Team (4)		Swim Team (5) Lap Swim (1)	Swim Team (4) Lap Swim (2)		
7:45pm - 8:30pm	Lap Swim (1)	Lap Swim (5)		Lap Swiiii (2)		
Swim Team (3)		Water Exercise(1)				
Lap Swim (3)						
CLOSED	CLOSED		CLOSED	CLOSED		

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