



EMMA B. HOWE YMCA- Coon Rapids

GYM SCHEDULE Sept. 29th-Oct. 5th.

No Reservation required

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------|----------------------------------|--------------------------------------|----------------------------------|--------------------------------------|----------------------------------|-----------------------|
| CLOSED | 5am-8am Open Gym | 5am-12pm Open Gym | 5am-7:45am Open Gym | 5am-12pm Open Gym | 5am-8am Open Gym | CLOSED |
| 7am-9pm Pickleball | 8am-1pm **Pickleball** | | 8am-1pm **Pickleball** | | 8am-1pm **Pickleball** | 7am-9pm Pickleball |
| 9am-5pm Open Gym | 12pm-1pm Beginner | 12pm-1pm Beginner | 12pm-1pm Beginner | 12pm-1pm Beginner | 12pm-1pm Beginner | 9am-5pm Open Gym |
| | 1pm-9pm **Open Gym** | 12pm-3:30pm **Pickleball** | 1pm-9pm **Open Gym** | 12pm-3:30pm **Pickleball** | 1pm-9pm **Open Gym** | |
| CLOSED | | | | | | CLOSED |

**** SUBJECT TO CHANGE BASED ON Y PROGRAMS****