



Hastings YMCA

GYM SCHEDULE

October 1-31

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym		
5:00	5:00am-9:00am Drop-In Open Gym		5:00am-7:45am Drop In Open Gym		5:00am-6:00am Drop In Open Gym		5:00am-9:00am Drop In Open Gym		5:00am-9:00am Drop In Open Gym		CLOSED		CLOSED			
5:30					6:00am-8:00am All Ages Pickleball											
6:00			7:45am-10:30am Group Exercise Classes		8:00am-9:00am Drop In Open Gym											
6:30					Group Exercise Class 9:05am-11:15am										9:00am-11:00am Quiet Walking	
6:00					10:30am-12pm Open Gym										11:15am - 12pm Open Gym	
7:00	Group Exercise Class 9:05am-11:15am		11am-12pm Open Gym		11:15am - 12pm All Ages Pickleball		11am-12pm Open Gym		7:00am-8:00am Pick Up Basketball		7:00am - 3:00pm Drop In Open Gym					
7:30	12:00pm-2:00pm Adult Pickleball		12:00pm - 2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball		8:00am - 5:00pm Open Gym							
8:00	2:00 pm - 5:00 pm Drop In Open Gym		2:00pm-5:30pm Drop In Open Gym		2:00 pm - 4:00 pm Drop In Open Gym		2:00 pm - 4:00 pm Drop In Open Gym		2:00 pm - 5:00 pm Drop In Open Gym							
8:30	Youth Sports Volleyball 5pm - 7 pm		5:30pm-8:50pm Pick Up Basketball		4pm-6pm Pick Up Basketball		4:00 pm - 5:00 pm Youth sports		5pm-6pm Open Gym				3:00pm-4:50pm All Ages Pickleball			
9:00	Drop in Open Gym pm - 9 pm		6:30pm-8:50pm Open Gym		4:00pm-8:50pm Drop In Open Gym		5:00 pm - 8:00 pm Youth Sports Basketball		6:00pm-8:50pm All Ages Pickleball				3:00 pm-4:50pm Drop In Open Gym			
9:30					6:00pm - 8:50pm All Ages Pickleball		Youth Sports Basketball 8:00pm-8:50pm		7:00pm - 8:50pm Open Gym		CLOSED		CLOSED			
10:00											CLOSED		CLOSED			
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9:00											CLOSED		CLOSED			

****Gym Schedule is subject to change, due to weather and Y programming.**

Adult Pickleball Description
 Rotating Adult pick-up games on a first come, first serve basis. Open to all levels of Adult players

All Ages Pickleball Description
 Rotating pickleball play for youth and adults. Open to all ages and ability levels