



# Woodbury YMCA GYM SCHEDULE

September 30- October 6

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00	5:00am-9:00am Open Gym	5:00am-8:00am Open Gym	5:00am-8:00am Open Gym	5:00am-7:45am Open Gym	5:00am-10:00am Open Gym	CLOSED	CLOSED
5:30							
6:00		8:00am-11:00am Competitive Pickleball	8:00am-11:00am All Levels Pickleball No Lessons Needed	7:45am-10:15am YMCA Pickleball Lessons*			
6:30							
7:00	9:30am-10:15am ForeverWell Bootcamp	11:00am-1:00pm Preschool	11:00am-1:00pm Preschool	10:30am-11:30am Kids Stuff	10:00am-11:00am Kids Stuff	7:00am-9:00am Adult Pick-up Basketball	7:00am-10:00am Open Gym
7:30						9:00am-10:00am Teen Basketball	
8:00	10:30am-11:30am Kids Stuff	11:00am-1:00pm Preschool	11:00am-1:00pm Preschool	10:30am-11:30am Kids Stuff	10:00am-11:00am Kids Stuff	10:00am-11:00am Kids Stuff	10:00am-12:00pm All Levels Pickleball No Lessons Needed
8:30						11:00am-12:00pm Open Gym	
9:00	11:30pm-1:00pm Preschool	1:00pm-3:45pm Open Gym	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	12:00pm-2:00pm Drop-In Family Gym	12:00pm-2:00pm Drop-In Family Gym
9:30							
10:00	1:00pm-2:00pm School Age Care	3:45pm-7:15pm YMCA Basketball Class*	4:00pm-9:00pm Open Gym	4:30pm-7:30pm Family Gym	4:30pm-7:30pm Family Gym	2:00pm-5:00pm Open Gym	2:00pm-5:00pm Open Gym
10:30							
11:00	2:00pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
11:30							
12:00	2:00pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
12:30							
1:00	2:00pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
1:30							
2:00	2:00pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
2:30							
3:00	2:00pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
3:30							
4:00	2:00pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
4:30							
5:00	2:00pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
5:30							
6:00	2:00pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
6:30							
7:00	2:00pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
7:30							
8:00	2:00pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
8:30							
8:30	2:00pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
9:00							

\*Paid \$\$ must register

Last Updated: 8/23/24

\*\*Gym Schedule is subject to change, due to events, weather, and programming  
There could be frequent adjustments to the gym schedule.



# Woodbury YMCA GYM SCHEDULE

October 7-13

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00	5:00am-9:00am Open Gym	5:00am-8:00am Open Gym	5:00am-8:00am Open Gym	5:00am-7:45am Open Gym	5:00am-10:00am Open Gym	CLOSED	CLOSED
5:30							
6:00							
6:30							
7:00	9:30am-10:15am ForeverWell Bootcamp	8:00am-11:00am Competitive Pickleball	8:00am-11:00am All Levels Pickleball No Lessons Needed	7:45am-10:15am YMCA Pickleball Lessons*	10:00am-11:00am Kids Stuff	7:00am-9:00am Adult Pick-up Basketball	7:00am-10:00am Open Gym
7:30							
8:00							
8:30							
9:00	10:30am-11:30am Kids Stuff	11:00am-1:00pm Preschool	11:00am-1:00pm Preschool	10:30am-11:30am Kids Stuff	11:00am-1:00pm Preschool	9:00am-10:00am Teen Basketball	10:00am-12:00pm All Levels Pickleball No Lessons Needed
9:30							
10:00							
10:30							
11:00	11:30pm-1:00pm Preschool	1:00pm-3:45pm Open Gym	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	11:00am-1:00pm Preschool	10:00am-11:00am Kids Stuff	12:00pm-2:00pm Drop-In Family Gym
11:30							
12:00							
12:30							
1:00	1:00pm-9:00pm Open Gym	3:45pm-7:15pm YMCA Basketball Class*	1:00pm-9:00pm Open Gym	4:00pm-9:00pm Open Gym	4:30pm-7:30pm Family Gym	11:00am-12:00pm Open Gym	2:00pm-5:00pm Open Gym
1:30							
2:00							
2:30							
3:00	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	2:00pm-5:00pm Open Gym	2:00pm-5:00pm Open Gym
3:30							
4:00							
4:30							
5:00	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
5:30							
6:00							
6:30							
7:00	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
7:30							
8:00							
8:30							
9:00	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:15pm-9:00pm Open Gym	7:30pm-9:00pm Open Gym	CLOSED	CLOSED
8:30							
9:00							
9:30							

\*Paid \$\$ must register

Last Updated: 8/23/24

\*\*Gym Schedule is subject to change, due to events, weather, and programming  
There could be frequent adjustments to the gym schedule.



# Woodbury YMCA GYM SCHEDULE

October 14-20

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00	5:00am-9:00am Open Gym	5:00am-8:00am Open Gym	5:00am-8:00am Open Gym	5:00am-7:45am Open Gym	5:00am-10:00am Open Gym	CLOSED	CLOSED
5:30							
6:00		8:00am-11:00am Competitive Pickleball	8:00am-11:00am All Levels Pickleball No Lessons Needed	7:45am-10:15am YMCA Pickleball Lessons*			
6:30							
6:30	9:30am-10:15am ForeverWell Bootcamp	11:00am-1:00pm Preschool	11:00am-1:00pm School Age Care	10:30am-11:30am Kids Stuff	10:00am-11:00am Kids Stuff	7:00am-9:00am Adult Pick-up Basketball	7:00am-10:00am Open Gym
7:00							
7:30	10:30am-11:30am Kids Stuff	11:00am-1:00pm Preschool	11:00am-1:00pm School Age Care	10:30am-11:30am Kids Stuff	10:00am-11:00am Kids Stuff	9:00am-10:00am Teen Basketball	10:00am-12:00pm All Levels Pickleball No Lessons Needed
8:00							
8:30	11:30pm-1:00pm Preschool	1:00pm-3:45pm Open Gym	1:00pm-9:00pm Open Gym	11:30am-1:00pm School Age Care	11:00am-1:00pm School Age Care	10:00am-11:00am Kids Stuff	10:00am-12:00pm All Levels Pickleball No Lessons Needed
9:00							
9:30	1:00pm-9:00pm Open Gym	3:45pm-7:15pm YMCA Basketball Class*	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	11:00am-12:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym
10:00							
10:30	1:00pm-9:00pm Open Gym	3:45pm-7:15pm YMCA Basketball Class*	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	11:00am-12:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym
11:00							
11:30	1:00pm-9:00pm Open Gym	3:45pm-7:15pm YMCA Basketball Class*	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	11:00am-12:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym
12:00							
12:30	1:00pm-9:00pm Open Gym	3:45pm-7:15pm YMCA Basketball Class*	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	11:00am-12:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym
1:00							
1:30	1:00pm-9:00pm Open Gym	3:45pm-7:15pm YMCA Basketball Class*	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	11:00am-12:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym
2:00							
2:30	1:00pm-9:00pm Open Gym	3:45pm-7:15pm YMCA Basketball Class*	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	11:00am-12:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym
3:00							
3:30	1:00pm-9:00pm Open Gym	3:45pm-7:15pm YMCA Basketball Class*	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	11:00am-12:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym
4:00							
4:30	1:00pm-9:00pm Open Gym	3:45pm-7:15pm YMCA Basketball Class*	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	11:00am-12:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym
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7:30	1:00pm-9:00pm Open Gym	3:45pm-7:15pm YMCA Basketball Class*	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	11:00am-12:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym
8:00							
8:30	1:00pm-9:00pm Open Gym	3:45pm-7:15pm YMCA Basketball Class*	1:00pm-9:00pm Open Gym	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	1:00pm-4:00pm Pickleball Beginner Competitive Lessons Recommended	11:00am-12:00pm Open Gym	12:00pm-2:00pm Drop-In Family Gym
9:00							

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