



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 9/27/2023

# LAP POOL SCHEDULE

September 30th - October 6th, 2024

Please check for Private Swim Lane Reservations

**LAP LANES ARE FOR LAP SWIMMERS ONLY - NO EXERCISE**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am Lap Swim (4) Exercise (1) 7:45-8:05 CLOSED	5:00am - 8:00 am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 7:00am Lap Swim (4) Exercise (1) 7:00-7:20 7:20am- 7:55am WATERBALL	5:00am - 8:00am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 7:00am Lap Swim (4) Exercise (1) 7:00-7:20 7:20am- 7:55am WATERBALL	<b>CLOSED</b>	<b>CLOSED</b>
8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class		
9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:00- 9:45am Lap Swim (3) Open Swim (2)	
10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	9:45 - 10:00am CLOSED 10am - 11am Water X Training	9:45 - 10:00am CLOSED 10am - 11am Water X Training
1:00pm- 4:30pm Lap Swim (3) Open Swim (2) School Age Care 1-3pm Private lesson (1) 3:30	1:00pm- 4:20pm Lap Swim (3) Open Swim (2) Private lesson (1) 3pm	1:00pm- 4:20pm Lap Swim (3) Open Swim (2) Private lesson (1) 2:30	1:00pm- 3:00pm Lap Swim (3) Open Swim (2) 3:00 - 4:20pm Lap Swim (2) Open Swim (2) Private lesson (1) 3:30 - 7:30pm	1:00pm- 3:00pm Lap Swim (3) Open Swim (2) 3:30 - 4:30pm Lap Swim (1) Open Swim (2) Private lesson (1) 4pm-5:30pm	11am - 12pm Lap Swim (1) Private lesson (1) 11-12/ 11-20 12:00 - 2:30pm Swim Lessons (1) Open Swim (2) Private lesson (2) 12-1:30/ 1pm- 2:30p 2:30 - 3:15pm Lap Swim (2) Exercise (1) Open Swim (2)	11:00am-3:30pm Lap Swim (2) Exercise (1) Open Swim (2)
4:30pm-6:30pm MSA SWIM TEAM 4:30-6:30 (2) Lap Swim (1)Open Swim (2) Private lesson (1) 4:30-5:00pm	4:30pm-6:30pm Swim Lessons (2) 4:30-7:30 Private Swim (1) 5:30 - 7:30pm Open Swim (2)	4:30pm-6:30pm MSA SWIM TEAM 4:30-6:30 (2) Swim Lessons (1) Open Swim (2)	4:30pm-6:30pm MSA Swim Team 4:30 - 6:30 (2) Swim Lessons (1) 5:40 & 6:50 Private Swim (2) 3:30-7:30pm/4:30 5:30pm Open Swim (1)	4:30pm-6:30pm MSA Swim Team 4:30 - 6:30 (2) Private Swim (1) 4pm-5:30pm Open Swim (2)	3:15 - 3:30pm CLOSED 3:30 - 4:45pm Water X Training	3:15 - 3:30pm CLOSED 3:30 - 4:45pm Water X Training
6:30pm-8:45pm Lap Swim (3) Open Swim (2)	6:30pm-8:45pm Lap Swim (3) Open Swim (2) Swim Lessons (2) 6:30-7:30pm Private lesson (1) 5:30 - 7:30pm	6:30pm-8:45pm Lap Swim (3) Open Swim (2) Swim Lessons (1) 6:30 - 7:30pm	6:30pm-8:45pm Lap Swim (3) Open Swim (2) Swim Lessons (2) 6:30 - 7:30pm Private lesson (1) 3:30 - 7:30pm	6:30pm-8:45pm Swim Lessons (1) 6:30 - 8:45pm Lap Swim (2) Open Swim (2)	<b>CLOSED</b>	<b>CLOSED</b>

During Lap Swim, you are required to share a lane with another swimmer if all lanes are full! This includes circle swim.



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE Updated: 6/5/2023

# LEISURE POOL SCHEDULE

September 30th - October 6th, 2024

Private lessons may use part of pool if available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am Open Swim (Slide area closed)	5:00am - 8:00am Open Swim (Slide area closed)	5:00am - 7:00am Open Swim (Slide area closed)	5:00am - 8:00am Open Swim (Slide area closed)	5:00am - 7:00am Open Swim (Slide area closed)	7:00 - 8:00am Open Swim (Slide Area Closed)	7:00 - 8:00am Open Swim (Slide Area Closed)
7:45 - 10:20am CLOSED	8:00 - 10:20am CLOSED	7:00am-10:20am CLOSED	8:00 - 10:20am CLOSED	7:00 - 10:20am CLOSED	8:00 - 9:00am Open Swim	8:00 - 11:00pm Open Swim
10:20am-1:00p Open Swim (Slide Area Closed)	10:20am-2:00pm Open Swim (Slide Area Closed)	10:20am-4:20pm Open Swim (Slide Area Closed)	10:20am-2:00pm Open Swim (Slide Area Closed)	10:20am-4:00pm Open Swim (Slide Area Closed)	9:00 - 12:00pm Swim Lessons (Areas will be closed off for lessons)	11:00 - 12:00pm Open Swim (Slide Area Closed)
1:00 - 3:00 pm School Age Care & Open Swim					12:00 - 3:00pm Open Swim Slide Running (12pm-3pm)	12:00 - 4:45pm Open Swim Slide CLOSED
3:00 - 4:00pm Open Swim (Slide Area closed)	2:00 - 4:20pm Open Swim		2:00 - 4:20pm Open Swim	4:00 - 5:00pm Open Swim	3:00 - 4:45pm Open Swim Slide CLOSED	
4:00- 8:45pm Open Swim	4:20 - 7:30pm CLOSED FOR SWIM LESSONS	4:20 - 7:30pm CLOSED FOR SWIM LESSONS	4:20 - 7:30pm CLOSED FOR SWIM LESSONS	5:00 - 8:45pm Open Swim Slide Running (5:05pm - 8:30pm)		
	7:30 - 8:45pm Open Swim	7:30 - 8:45pm Open Swim	7:30 - 8:45pm Open Swim			
					CLOSED	CLOSED

See Lifeguard(s) for Swim Tests.



# LAP POOL SCHEDULE

Oct 7th - Oct 13th, 2024

Please check for Private Swim Lane Reservations

**LAP LANES ARE FOR LAP SWIMMERS ONLY - NO EXERCISE**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am Lap Swim (4) Exercise (1) 7:45-8:05 CLOSED	5:00am - 8:00 am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 7:00am Lap Swim (4) Exercise (1) 7:00-7:20 7:20am- 7:55am WATERBALL	5:00am - 8:00am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 7:45am Lap Swim (4) Exercise (1) 7:45-8:05 CLOSED	<b>CLOSED</b>	<b>CLOSED</b>
8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class		
9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:00-12:00pm No Lap Swim Open Swim (2) Private Swim Lesson various times from 8:00- 12:00pm (multiple lanes may be used at various times)	9:00 - 11:00am Lap Swim (2) Exercise (1) Open Swim (1) Private lessons (1) 9:30 - 11am
10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)	10:20-12:55pm Lap Swim (4) Exercise (1)		11:00am-1:00pm Lap Swim (2) Exercise (1) Open Swim (2)
1:00pm- 4:30pm Lap Swim (3) Open Swim (2) Private lesson (1) 3:30-4:00	1:00pm- 4:20pm Lap Swim (3) Open Swim (2) Private lesson (1) 3-3:30pm	1:00pm- 4:20pm Lap Swim (3) Open Swim (2)	1:00pm- 3:00pm Lap Swim (3) Open Swim (2) 3:00 - 4:20pm Lap Swim (2) Open Swim (1) Private Swim (3) 3pm-7:30p/ 3:30 - 4:00pm/3pm- 3:30pm	1:00pm- 3:00pm Lap Swim (3) Open Swim (2) Private Lesson (1) 1:30-5:30pm 3:30 - 4:30pm Lap Swim (1) Open Swim (2) Private Lesson (2) 3:30-4:30pm/4- 5:30pm	12:00 - 3:00pm Swim Lessons(1) Lap Swim (2) Open Swim (2) Private lesson (1) 12-12:30pm/1- 2:30pm	1:00 - 2:00pm Lap Swim (2) Exercise (1) Lifeguard Inservice <b>NO OPEN SWIM</b>
4:30pm-6:30pm MSA SWIM TEAM 4:30-6:30 (2) Lap Swim(1) Open Swim(2) Private lesson (1) 4:30-5:00pm	4:30pm-6:30pm Swim Lessons (2) 4:30-7:30 Private Swim (1) 4:00 - 5:30/ 5:30 - 7:30pm Open Swim (2)	4:30pm-6:30pm MSA SWIM TEAM 4:30-6:30 (2) Swim Lessons (1) Open Swim (2)	4:30pm-6:30pm MSA Swim Team 4:30 - 6:30 (2) Swim Lessons (1) 5:40 & 6:50 Private Swim (2) 4:30-7:30pm/4:30 - 5:30pm NO OPEN Swim	4:30pm-6:30pm MSA Swim Team 4:30 - 6:30 (2) Private Swim (2) 4:30 - 5:00pm/4- 5:30pm Open Swim (1)	3:00 - 4:45pm Lap Swim (2) Exercise (1) Open Swim (2)	2:00 - 4:45pm Lap Swim (2) Exercise (1) Open Swim (2)
6:30pm-8:45pm Lap Swim (3) Open Swim (2)	6:30pm-8:45pm Lap Swim (3) Open Swim (2) Swim Lessons (2) 6:30-7:30pm Private lesson (1) 5:30 - 7:30pm	6:30pm-8:45pm Lap Swim (3) Open Swim (2) Swim Lessons (1) 6:30 - 7:30pm	6:30pm-8:45pm Lap Swim (3) Open Swim (2) Swim Lessons (2) 6:30 - 7:30pm Private lesson (1) 4:30 - 7:30pm	6:30pm-8:45pm Swim Lessons (1) 6:30 - 8:45pm Lap Swim (2) Open Swim (2)	<b>CLOSED</b>	<b>CLOSED</b>

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7:45 - 10:20am <b>CLOSED</b>	8:00 - 10:20am <b>CLOSED</b>		8:00 - 10:20am <b>CLOSED</b>	7:45 - 10:20am <b>CLOSED</b>	8:00 - 9:00am Open Swim	8:00 - 11:00pm Open Swim
10:20am-12:00p Open Swim (Slide Area Closed)	10:20am-4:20pm Open Swim (Slide Area Closed)	10:20am-4:20pm Open Swim (Slide Area Closed)	10:20am-2:00pm Open Swim (Slide Area Closed)	10:20am-2:00pm Open Swim	9:00 - 12:00pm Swim Lessons (Areas will be closed off for lessons)	11:00 - 12:00pm Open Swim (Slide Area Closed)
12:00 - 8:45pm Open Swim	2:00 - 4:20pm Open Swim		2:00 - 4:20pm Open Swim		12:00 - 4:45pm Open Swim Slide Running (12-3pm)	12:00 - 4:45pm Open Swim Slide <b>CLOSED</b>
	4:20 - 7:30pm <b>CLOSED FOR SWIM LESSONS</b>	4:20 - 7:30pm <b>CLOSED FOR SWIM LESSONS</b>	4:20 - 7:30pm <b>CLOSED FOR SWIM LESSONS</b>	5:00 - 8:45pm Open Swim Slide <b>CLOSED</b>		
	7:30 - 8:45pm Open Swim	7:30 - 8:45pm Open Swim	7:30 - 8:45pm Open Swim		<b>CLOSED</b>	<b>CLOSED</b>

See Lifeguard(s) for Swim Tests.