



# ANDOVER YMCA

QUARTERLY NEWSLETTER SUMMER 2024

## FALL 2024!



1. LETTER FROM OUR LEADERS
2. WHATS NEW?!
3. SCHEDULED EVENTS
4. MISSION UPDATE

**ANDOVER YMCA**  
763.230.9622

15200 Hanson  
Boulevard NW  
Andover, MN 55304

**BRANCH HOURS**  
Monday-Friday  
5am-9pm  
Saturday & Sunday  
7am-8pm



## LETTER FROM OUR LEADERS

BY CRAIG GRIMES & NICOLE AURELIUS

Happy Fall, Andover Y Members!

This season, we would like to express gratitude for you all and your past commitment to the Andover YMCA. As all of our members and donors are dedicated partners to our mission! You all ensure that the Y remains a vital hub for Youth Development, Healthy Living, and Social Responsibility in Andover.

As we reflect on the summer programs at the Y, We recognize the strength and resilience of our young people. This summer, we saw firsthand the power in connecting youth with a nurturing community when we engaged 350 high school youth in our Get Summer Program providing free summer memberships. Our Summer Power Program provided 200 youth summer enrichment programs daily at our Andover YMCA so that working parents could manage their work and family life. This was by far the busiest summer that we have seen since starting with the YMCA.

With our fall programs just starting, we are seeing a dramatic increase in program, membership and sports assistance requests as caregivers juggle out-of-school time and are transitioning back into the school year.

Please consider making a gift to the Andover Y today! Thank you so much for giving hope and supporting the Andover and surrounding communities.

Craig Grimes & Nicole Aurelius

# WHAT'S NEW?!

COMMUNITY & CORPORATE PARTNERSHIPS AVAILABLE FOR MEMBERSHIP DISCOUNTS!

JAY.NIKOLAY@YMCAMN.ORG

HARVEST FEST

FRIDAY OCTOBER 25, 2024

5:00PM-7:30PM

## NEW KIDS' STUFF HOURS

- Mon: 8:30am - 2pm & 4pm - 8pm
- Tue: 8:30am - 2pm & 4pm - 8pm
- Wed: 8:30am - 2pm & 4pm - 8pm
- Thu: 8:30am - 2pm & 4pm - 8pm
- Fri: 8:30am - 2pm
- Sat: 8am - 2pm
- Sun: 9am - 1pm & **4pm-7pm**



## MEET TARA MUELLER - HEALTH & WELLNESS DIRECTOR!

My name is Tara Mueller and I'm beyond excited for my new adventure as the Health and Wellness Director at the Andover YMCA.

Health and Wellness has been apart of my DNA since childhood.

I have been active my entire life, I played several sports growing up: softball, volleyball, basketball, weightlifting and track. I've run Twin Cities Marathon one time (one and done as they say).

I have been teaching Group Fitness classes at the Andover YMCA since 2017 (Bootcamp, Piyo, Tabata, Studio Combo and Studio Strength). My most rewarding job I've ever had.

I've been a member of the Andover YMCA for 18+ years and have been part of the community in many ways from swim lessons, Kids Stuff, Summer Power, Group Fitness and community events.

I look forward to leaning on my experiences at the Andover YMCA as I move forward in this new role!



# ANDOVER YMCA COMMUNITY CENTER HARVEST FEST

OPEN TO THE COMMUNITY!

BOUNCE HOUSE  
GAMES & PRIZES  
MEMBERSHIP SPECIALS  
COSTUME CONTEST WITH PRIZES  
CANDY DONATIONS APPRECIATED!

FRIDAY OCTOBER 25, 2024  
5:00PM - 7:30PM  
COMMUNITY CENTER  
FIELD HOUSE.

ANDOVER YMCA COMMUNITY CENTER  
15200 HANSON BOULEVARD NW, ANDOVER, MN 55304

22-GE01

# WAYS TO DONATE!

1. Donate via credit card or bank account at [ymcanorth.org/give](http://ymcanorth.org/give).\*
2. Become a sustaining donor by giving a set amount monthly. Sign up at [ymcanorth.org/give](http://ymcanorth.org/give)\*
3. Become a volunteer! Check out our opportunities at [www.ymcanorth.org/volunteer](http://www.ymcanorth.org/volunteer).
4. Donor advised funds. Contact your financial advisor.
5. Create your legacy - include the YMCA in your will or trust. Contact your financial planner.
6. Don't forget matching gifts! Find out if your employer will match at [www.ymcanorth.org/give](http://www.ymcanorth.org/give).

\*Select Andover YMCA in the drop down menu.

# YOUR YMCA STORY

## PLEASE SHARE YOUR YMCA STORY WITH US!

Your story will enhance the YMCA's historical collection. Some will be shared for future publications and on our website with your permission. Please share with us at [giving@ymcanorth.org](mailto:giving@ymcanorth.org).



# MISSION UPDATE

## OUR MISSION IN ACTION

**Safety Around Water** - The Andover Y will continue to lead the charge to ensure our children have the necessary skills to keep them safe around water and find joy in nature and fitness.

**Community Outreach** - Your financial support allows 155 of our membership base and program participants the opportunity to engage in programming and safe spaces that promote healthy living, social responsibility and youth development.

**Healthy Adults and Families** - Providing scholarships to enable adults and families to participate in health and wellness and youth programs. We will also continue to make courtesy check-in calls to our senior community who may be facing barriers or social isolation.