



# YMCA CAMP DU NORD

## FALL WINTER SPRING PACKING LIST

### EVERYDAY ESSENTIALS

- Linens (fitted sheets, sleeping bag/blankets, pillows)
- Towels (bath, hand, kitchen, beach)
- An extra warm blanket for temperature fluctuations
- Flashlights or headlamps (no candles, please)
- Small first aid kit with bandages & antiseptic wipes
- YakTrax for traction on icy surfaces (especially late fall and early spring)
- Sunscreen and Lip Balm
- Camera/phone & chargers
- Water bottle for each camper
- Backpack for adventuring
- S'mores supplies (marshmallows, graham crackers, chocolate, roasting stick)

### KITCHEN ITEMS

Cabins have dishes, cookware, microwave, toaster, trash bags, hand and dish soap, dish scrubbers, matches, & coffee filters.

- Food for meals, snacks, and beverages
- Condiments
- Towels for drying hands and dishes
- Paper Towels or napkins
- Coffee or Tea
- Ziploc bags, saran wrap, tinfoil, food storage containers

### BATHROOM ITEMS

Cabin provides toilet paper, trash bags, and hand soap. Some toiletries are sold in the Camp Store.

- Toiletries
- Medications
- Hand towels
- Bath towels

### CLOTHING

For each camper:

- 1 T-shirt/long-sleeve shirt per day
- 1 pair of pants per day
- Pajamas
- Warm sweatshirts or sweaters
- 1-2 pairs of socks per day (wool socks preferred)
- 1 pair of underwear per day
- Extra layers
- Long Underwear
- Swimsuit for saunas
- Slippers or house shoes for around the cabin or in the Dining Hall

Fall and Spring Outerwear:

- Fleece or other warm jacket
- Raingear
- Shoes or boots that can get muddy or wet
- Warm Hat
- Mittens

Winter Outerwear

- Winter Jacket
- Snow Pants
- Warm Hat
- Mittens (mittens keep your hands warmer than gloves)

### OPTIONAL ITEMS FOR FUN OR CONVENIENCE

- Cross Country Ski Equipment or snowshoes (also available to rent in the camp store)
- Boot dryer
- Sunglasses
- Board games, puzzles, cards
- A notepad and pen (for scorekeeping)
- Books
- Yoga Mat
- Guitar or other musical instrument
- Watch and/or alarm clock