



# West Region Sports Programs Schedule

Emma B, New Hope, Andover, Elk, and Ridgedale

2024 Session 5, October 21 - December 15

## SPORTS PROGRAMS

### LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

*Note: a structured game or meet schedule will be developed and issued the second week of the session on Friday.*

### CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

### SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

### CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

## YOUTH LEAGUES starting week of October 21

## Games/meets take place starting Week 3

### BASKETBALL

<b>Girls Grades 1 - 2 at Andover YMCA</b> Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 1 - 2 at Emma B Howe YMCA</b> Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 1 - 2 at New Hope YMCA</b> Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 1 - 2 at Ridgedale YMCA</b> Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 1 - 2 at Andover YMCA</b> Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 1 - 2 at Emma B Howe YMCA</b> Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 1 - 2 at New Hope YMCA</b> Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 1 - 2 at Ridgedale YMCA</b> Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 3 - 4 at Andover YMCA</b> Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 3 - 4 at Emma B Howe YMCA</b> Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 3 - 4 at New Hope YMCA</b> Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 3 - 4 at Ridgedale YMCA</b> Games/meets take place on Saturdays	Tue 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 3 - 4 at Andover YMCA</b> Games/meets take place on Saturdays	Thu 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 3 - 4 at Emma B Howe YMCA</b> Games/meets take place on Saturdays	Thu 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 3 - 4 at New Hope YMCA</b> Games/meets take place on Saturdays	Thu 6:30 pm to 7:30 pm	\$119 member / \$149 non-member

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*Class availability varies by location. Schedules subject to change. Please visit [ymcanorth.org](http://ymcanorth.org) for updated class listings.*

<b>Boys Grades 3 – 4 at Ridgedale YMCA</b> Games/meets take place on Saturdays	Thu 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 5 – 6 at Andover YMCA</b> Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 5 – 6 at Emma B Howe YMCA</b> Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 5 – 6 at New Hope YMCA</b> Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 5 – 6 at Ridgedale YMCA</b> Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 5 – 6 at Andover YMCA</b> Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 5 – 6 at Emma B Howe YMCA</b> Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 5 – 6 at New Hope YMCA</b> Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 5 – 6 at Ridgedale YMCA</b> Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 7 – 8 at Andover YMCA</b> Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 7 – 8 at Emma B Howe YMCA</b> Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 7 – 8 at New Hope YMCA</b> Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Girls Grades 7 – 8 at Ridgedale YMCA</b> Games/meets take place on Saturdays	Tue 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 7 – 8 at Andover YMCA</b> Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 7 – 8 at Emma B Howe YMCA</b> Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 7 – 8 at New Hope YMCA</b> Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>Boys Grades 7 – 8 at Ridgedale YMCA</b> Games/meets take place on Saturdays	Thu 7:30 pm to 8:30 pm	\$119 member / \$149 non-member
<b>SOCCER</b>		
<b>All Gender Ages 8 and under at Andover YMCA</b> Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>All Gender Ages 8 and under at New Hope YMCA</b> Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>All Gender Ages 10 and under at Andover YMCA</b> Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>All Gender Ages 10 and under at New Hope YMCA</b> Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
<b>All Gender Ages 12 and under at Andover YMCA</b> Games/meets take place on Saturdays	Thu 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
<b>All Gender Ages 12 and under at New Hope YMCA</b> Games/meets take place on Saturdays	Thu 6:30 pm to 7:30 pm	\$119 member / \$149 non-member
<b>All Gender Ages 14 and under at Andover YMCA</b> Games/meets take place on Saturdays	Thu 6:30 pm to 7:30 pm	\$119 member / \$149 non-member

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**New Hope YMCA**

7601 42nd Ave N

New Hope

MN

55427

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**Ridgedale YMCA**

12301 Ridgedale Dr

Minnetonka

MN

55305

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