



South Region Sports Programs Schedule

Burnsville, Southdale, and Blaisdell

2024 Session 5, October 21 - December 15

SPORTS PROGRAMS

LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the second week of the session on Friday.

CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

YOUTH LEAGUES starting week of October 21

Games/meets take place starting Week 3

BASKETBALL

Boys Grades 1 - 2 at Burnsville YMCA Games/meets take place on Saturdays	Mon 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Girls Grades 1 - 2 at Southdale YMCA Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Boys Grades 1 - 2 at Southdale YMCA Games/meets take place on Saturdays	Tue 6:40 pm to 7:40 pm	\$119 member / \$149 non-member
Girls Grades 1 - 2 at Blaisdell YMCA Games/meets take place on Saturdays	Wed 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Boys Grades 1 - 2 at Blaisdell YMCA Games/meets take place on Saturdays	Wed 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Girls Grades 1 - 2 at Burnsville YMCA Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Boys Grades 1 - 2 at Southdale YMCA Games/meets take place on Saturdays	Thu 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
Boys Grades 1 - 2 at Burnsville YMCA Games/meets take place on Saturdays	Thu 6:40 pm to 7:40 pm	\$119 member / \$149 non-member
Boys Grades 3 - 4 at Burnsville YMCA Games/meets take place on Saturdays	Mon 6:40 pm to 7:40 pm	\$119 member / \$149 non-member
Girls Grades 3 - 4 at Southdale YMCA Games/meets take place on Saturdays	Tue 6:40 pm to 7:40 pm	\$119 member / \$149 non-member
Girls Grades 3 - 4 at Blaisdell YMCA Games/meets take place on Saturdays	Wed 6:40 pm to 7:40 pm	\$119 member / \$149 non-member
Boys Grades 3 - 4 at Blaisdell YMCA Games/meets take place on Saturdays	Wed 6:40 pm to 7:40 pm	\$119 member / \$149 non-member
Girls Grades 3 - 4 at Burnsville YMCA Games/meets take place on Saturdays	Thu 6:40 pm to 7:40 pm	\$119 member / \$149 non-member
Boys Grades 3 - 4 at Southdale YMCA Games/meets take place on Saturdays	Thu 6:40 pm to 7:40 pm	\$119 member / \$149 non-member
Boys Grades 5 - 6 at Burnsville YMCA Games/meets take place on Saturdays	Mon 7:50 pm to 8:50 pm	\$119 member / \$149 non-member

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Girls Grades 5 – 6 at Southdale YMCA Games/meets take place on Saturdays	Tue 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
Girls Grades 5 – 6 at Blaisdell YMCA Games/meets take place on Saturdays	Wed 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
Boys Grades 5 – 6 at Blaisdell YMCA Games/meets take place on Saturdays	Wed 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
Girls Grades 5 – 6 at Burnsville YMCA Games/meets take place on Saturdays	Thu 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
Boys Grades 5 – 6 at Southdale YMCA Games/meets take place on Saturdays	Thu 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
Boys Grades 7 – 8 at Burnsville YMCA Games/meets take place on Saturdays	Mon 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
Girls Grades 7 – 8 at Southdale YMCA Games/meets take place on Saturdays	Tue 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
Girls Grades 7 – 8 at Blaisdell YMCA Games/meets take place on Saturdays	Wed 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
Boys Grades 7 – 8 at Blaisdell YMCA Games/meets take place on Saturdays	Wed 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
Girls Grades 7 – 8 at Burnsville YMCA Games/meets take place on Saturdays	Thu 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
Boys Grades 7 – 8 at Southdale YMCA Games/meets take place on Saturdays	Thu 7:50 pm to 8:50 pm	\$119 member / \$149 non-member

SOCCER

All Gender Ages 8 and under at Blaisdell YMCA Games/meets take place on Saturdays	Mon 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
All Gender Ages 8 and under at Southdale YMCA Games/meets take place on Saturdays	Mon 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
All Gender Ages 8 and under at Burnsville YMCA Games/meets take place on Saturdays	Tue 5:30 pm to 6:30 pm	\$119 member / \$149 non-member
All Gender Ages 10 and under at Blaisdell YMCA Games/meets take place on Saturdays	Mon 6:40 pm to 7:40 pm	\$119 member / \$149 non-member
All Gender Ages 10 and under at Southdale YMCA Games/meets take place on Saturdays	Mon 6:40 pm to 7:40 pm	\$119 member / \$149 non-member
All Gender Ages 10 and under at Burnsville YMCA Games/meets take place on Saturdays	Tue 6:40 pm to 7:40 pm	\$119 member / \$149 non-member
All Gender Ages 12 and under at Blaisdell YMCA Games/meets take place on Saturdays	Mon 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
All Gender Ages 12 and under at Southdale YMCA Games/meets take place on Saturdays	Mon 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
All Gender Ages 12 and under at Burnsville YMCA Games/meets take place on Saturdays	Tue 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
All Gender Ages 14 and under at Blaisdell YMCA Games/meets take place on Saturdays	Mon 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
All Gender Ages 14 and under at Southdale YMCA Games/meets take place on Saturdays	Mon 7:50 pm to 8:50 pm	\$119 member / \$149 non-member
All Gender Ages 14 and under at Burnsville YMCA Games/meets take place on Saturdays	Tue 7:50 pm to 8:50 pm	\$119 member / \$149 non-member

Boys and Girls Leagues may be combined in cases of low registration.

ADULT & HIGH SCHOOL LEAGUES

Starting the week of 10/28. No programs 12/22

REGISTRATION BEGINS SEPTEMBER 17, 2024

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Class availability varies by location. Schedules subject to change. Please visit ymcanorth.org for updated class listings.

BASKETBALL

All Gender League at Blaisdell YMCA <i>Adult Basketball Individual Rate</i>	Sun 12:00 pm to 5:00 pm	\$650 team / \$90 individual
Women's League at Blaisdell YMCA <i>Women's Adult Basketball Team Rate</i>	Sun 12:00 pm to 5:00 pm	\$650 team / \$90 individual
Men's League at Blaisdell YMCA <i>Men's Adult Basketball Team Rate</i>	Sun 12:00 pm to 5:00 pm	\$650 team / \$90 individual

CLASSES

No class on October 31st

BASKETBALL

Basketball Class: grade Pre-K

Burnsville YMCA Class meets 7 times starting October 21	Mon 4:30 pm to 5:00 pm	\$74 member / \$95 non-member
Blaisdell YMCA Class meets 7 times starting October 23	Wed 4:30 pm to 5:00 pm	\$74 member / \$95 non-member
Southdale YMCA Class meets 6 times starting October 24	Thu 4:30 pm to 5:00 pm	\$63 member / \$82 non-member
Southdale YMCA Class meets 7 times starting October 26	Sat 10:00 am to 10:30 am	\$74 member / \$95 non-member

Basketball Class: grade K

Burnsville YMCA Class meets 7 times starting October 21	Mon 4:30 pm to 5:15 pm	\$74 member / \$95 non-member
Blaisdell YMCA Class meets 7 times starting October 23	Wed 4:30 pm to 5:15 pm	\$74 member / \$95 non-member
Southdale YMCA Class meets 6 times starting October 24	Thu 4:30 pm to 5:15 pm	\$63 member / \$82 non-member
Southdale YMCA Class meets 7 times starting October 26	Sat 11:00 am to 11:45 am	\$74 member / \$95 non-member

HOME SCHOOL

Homeschool P.E. Class: grades K-2

Burnsville YMCA Class meets 7 times starting October 22	Tue 1:00 pm to 3:00 pm	\$74 member / \$95 non-member
Southdale YMCA Class meets 6 times starting October 24	Thu 1:00 pm to 3:00 pm	\$63 member / \$82 non-member

Homeschool P.E. Class: grades 3-5

Burnsville YMCA Class meets 7 times starting October 22	Tue 1:00 pm to 3:00 pm	\$74 member / \$95 non-member
Southdale YMCA Class meets 6 times starting October 24	Thu 1:00 pm to 3:00 pm	\$63 member / \$82 non-member

Homeschool P.E. Class: grades 6-9

Burnsville YMCA Class meets 7 times starting October 22	Tue 1:00 pm to 3:00 pm	\$74 member / \$95 non-member
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Southdale YMCA Class meets 6 times starting October 24	Thu 1:00 pm to 3:00 pm	\$63 member / \$82 non-member
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Homeschool P.E. Class: grades 10-12

Burnsville YMCA Class meets 7 times starting October 22	Tue 1:00 pm to 3:00 pm	\$74 member / \$95 non-member
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Southdale YMCA Class meets 6 times starting October 24	Thu 1:00 pm to 3:00 pm	\$63 member / \$82 non-member
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RACKET SPORTS

Pickleball Class: Beginner

Blaisdell YMCA Class meets 7 times starting October 23	Wed 11:15 am to 12:15 pm	\$74 member / \$95 non-member
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Burnsville YMCA Class meets 7 times starting October 24	Thu 8:30 am to 9:30 am	\$74 member / \$95 non-member
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Southdale YMCA Class meets 7 times starting October 25	Fri 4:00 pm to 5:00 pm	\$74 member / \$95 non-member
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Pickleball Class: Intermediate

Blaisdell YMCA Class meets 7 times starting October 23	Wed 10:00 am to 11:00 am	\$74 member / \$95 non-member
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Burnsville YMCA Class meets 7 times starting October 24	Thu 9:40 am to 10:40 am	\$74 member / \$95 non-member
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Southdale YMCA Class meets 7 times starting October 25	Fri 2:45 pm to 3:45 pm	\$74 member / \$95 non-member
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Pickleball Class: Advanced/Drills & Skills

Blaisdell YMCA Class meets 7 times starting October 23	Wed 12:30 pm to 1:30 pm	\$74 member / \$95 non-member
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Burnsville YMCA Class meets 7 times starting October 24	Thu 10:50 am to 11:50 am	\$74 member / \$95 non-member
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Southdale YMCA Class meets 7 times starting October 25	Fri 1:30 pm to 2:30 pm	\$74 member / \$95 non-member
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SOCCER

Soccer Class: ages 3-4

Blaisdell YMCA Class meets 7 times starting October 21	Mon 4:30 pm to 5:00 pm	\$74 member / \$95 non-member
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Burnsville YMCA Class meets 7 times starting October 22	Tue 4:30 pm to 5:00 pm	\$74 member / \$95 non-member
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Southdale YMCA Class meets 7 times starting October 23	Wed 4:30 pm to 5:00 pm	\$74 member / \$95 non-member
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Southdale YMCA Class meets 7 times starting October 26	Sat 9:00 am to 9:30 am	\$74 member / \$95 non-member
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Soccer Class: ages 5-6

Blaisdell YMCA Class meets 7 times starting October 21	Mon 4:30 pm to 5:15 pm	\$74 member / \$95 non-member
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Burnsville YMCA Class meets 7 times starting October 22	Tue 4:30 pm to 5:15 pm	\$74 member / \$95 non-member
Southdale YMCA Class meets 7 times starting October 23	Wed 4:30 pm to 5:15 pm	\$74 member / \$95 non-member
Southdale YMCA Class meets 7 times starting October 26	Sat 9:00 am to 9:45 am	\$74 member / \$95 non-member

VOLLEYBALL

Volleyball Class: grades 1-2

Blaisdell YMCA Class meets 6 times starting October 24	Thu 6:15 pm to 7:15 pm	\$63 member / \$82 non-member
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Volleyball Class: grades 3-4

Blaisdell YMCA Class meets 6 times starting October 24	Thu 6:15 pm to 7:15 pm	\$63 member / \$82 non-member
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Volleyball Class: grades 5-6

Blaisdell YMCA Class meets 6 times starting October 24	Thu 7:20 pm to 8:20 pm	\$63 member / \$82 non-member
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Volleyball Class: grades 7-8

Blaisdell YMCA Class meets 6 times starting October 24	Thu 7:20 pm to 8:20 pm	\$63 member / \$82 non-member
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YOUTH

Sports Sampler Class: grade Pre-K

Blaisdell YMCA Class meets 6 times starting October 24	Thu 5:15 pm to 5:45 pm	\$63 member / \$82 non-member
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Sports Sampler Class: grade K

Blaisdell YMCA Class meets 6 times starting October 24	Thu 5:15 pm to 6:00 pm	\$63 member / \$82 non-member
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PROGRAM LOCATIONS

Blaisdell YMCA 3335 Blaisdell Ave	Minneapolis	MN	55408
Burnsville YMCA 13850 Portland Ave S	Burnsville	MN	55337
Southdale YMCA 7355 York Ave S	Edina	MN	55435

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