



DAYTON YMCA

LAP POOL SCHEDULE

Updated: 9/17/2022

September 30th-October 5th

POOL SCHEDULE WILL BE UPDATED AS STAFFING IS CONFIRMED

THE HOT TUB JETS ARE OUT OF ORDER. Hot Tub is Still Open.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am-1:00pm Lap Swim(3) Water Walking(1)	6:00am-1:00pm Lap Swim(3) Water Walking(1)	6:00am-7:00am Lap Swim(3) Water Walking(1) 7:00am-7:30am Tri Class(2)Lap(2) 7:30am-8:30am Lap Swim(3) Water Walking(1) 8:30am-9:15am Water X(2) Lap Swim (2) 9:15am-1:00pm Lap Swim(3) Water Walking(1)	6:00am-1:00pm Lap Swim(3) Water Walking(1)	6:00am-1:00pm Lap Swim(3) Water Walking(1)	CLOSED 7:30am-9:00am Lap Swim(3) Water Walking(1) 9:00am-9:45am Water X(2) Lap Swim(2) 9:45am-11:45am Lap Swim(3) Water Walking(1)	CLOSED ON SUNDAYS
1:00pm-6:45pm Lap Swim(3) Open Swim(1)	1:00pm-6:45pm Lap Swim(3) Open Swim(1)	1:00pm-6:45pm Lap Swim(3) Open Swim(1)	1:00pm-6:45pm Lap Swim(3) Open Swim(1)	1:00pm-6:45pm Lap Swim(3) Open Swim(1)	CLOSED	
POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED YMCA CLOSED		

***Hot Tub is closed for cleaning every other Thursday 6am-11am**

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming.