



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YMCA KIDS COOKING BIRTHDAY PARTIES

Celebrate your child's birthday at the Y this year with a Cooking Party! Encourage your child's, and their friends, interest and excitement in learning about tasty, nourishing foods with our age-appropriate group cooking activities. We will go over kitchen safety and basic kitchen skills, cook together, have a time for an activity and/or presents and enjoy our prepared food together. Choose which food and art/activity your child would like for their birthday party, then let us handle all other details for your child's special day.

KIDS 3-5

Friday night options-

- Cupcake or Cookies (seasonal or birthday themed)
- Homemade Pizza
- Homemade Mac & Cheese

Saturday morning options-

- Cupcakes or Cookies (seasonal or birthday themed)
- Pancakes or Crepes
- Colorful Parfaits

KIDS 6-8

Friday night options-

- Cupcakes or Cookies (seasonal or birthday themed)
- Homemade Pizzas or Calzones
- Homemade Burgers and Veggie Kababs

Saturday morning options-

- Cupcakes or cookies (seasonal or birthday themed)
- Oatmeal and Smoothies
- Pancakes or Crepes

KIDS 9-12

Friday night options-

- Cupcakes or Cookies (seasonal or birthday themed)
- Homemade Pizza or Calzones
- Homemade Burgers and Veggie Kababs

Saturday morning options-

- Cupcakes or Cookies (seasonal or birthday themed)
- Veggie Scramble and Smoothie
- Pancake or Crepes



Contact: **Lana Larson**
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