



SHOREVIEW YMCA

# LAP POOL SCHEDULE

September 30 - October 6, 2024

Updated: 9/27/24

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 8:40am <b>Lap Swim</b>	5:00am - 8:40am <b>Lap Swim</b>	5:00am - 8:40am <b>Lap Swim</b>	5:00am - 8:40am <b>Lap Swim</b>	5:00am - 8:40am <b>Lap Swim</b>	<b>CLOSED</b>	<b>CLOSED</b>
					7:00am - 8:20am <b>Lap Swim</b>	7:00am - 10:40am <b>Lap Swim</b>
					8:30am - 9:15am <b>Water X Class</b>	
8:40-8:55 <b>CLOSED</b>	8:40-8:55 <b>CLOSED</b>	8:40-8:55 <b>CLOSED</b>	8:40-8:55 <b>CLOSED</b>	8:40-8:55 <b>CLOSED</b>		
9:05am - 9:50am <b>Water X Class</b>	9:05am - 9:50am <b>Water X Class</b>	9:05am - 9:50am <b>Water X Class</b>	9:05am - 9:50am <b>Water X Class</b>	9:05am - 9:50am <b>Water X Class</b>	9:30am - 12:00pm <b>Lap Swim</b>	
10:00am-10:45am <b>Water X Class</b>	10:00am-10:45am <b>Water X Class</b>	10:00am-10:45am <b>Water X Class</b>	10:00am-10:45am <b>Water X Class</b>	10:00am-10:45am <b>Water X Class</b>		
10:55am - 3:00pm <b>Lap Swim</b>	10:55am-11:40am <b>Aqua Yoga</b> 11:50am - 3:00pm <b>Lap Swim</b>	10:55am - 3:00pm <b>Lap Swim</b>	10:55am - 3:00pm <b>Lap Swim</b>	10:55am - 3:00pm <b>Lap Swim</b>		10:40-10:55 <b>CLOSED</b> 11:05am-11:50am <b>Water X Class</b>
					12:00pm 4:45pm <b>Lap Swim (3)</b> <b>Open Swim (2)</b>	12:00pm 2:40pm <b>Lap Swim (3)</b> <b>Open Swim (2)</b>
						2:45pm - 4:45pm <b>Swim Team</b>
3:00pm - 6:00pm <b>Lap Swim (3)</b> <b>Open Swim (2)</b>	3:00pm - 5:00pm <b>Lap Swim (3)</b> <b>Open Swim (2)</b>	3:00pm - 5:00pm <b>Lap Swim (3)</b> <b>Open Swim (2)</b>	3:00pm - 5:00pm <b>Lap Swim (3)</b> <b>Open Swim (2)</b>	3:00pm - 6:00pm <b>Lap Swim (3)</b> <b>Open Swim (2)</b>		
	5:05pm - 8:45pm <b>Lap Swim (2)</b> <b>Open Swim (3)</b>	5:05pm - 5:50pm <b>Deep Water X</b> <b>Shallow Open Swim</b>	5:05pm - 8:45pm <b>Lap Swim (2)</b> <b>Open Swim (3)</b>			
6:00pm - 6:30pm <b>Lap Swim (2)</b> <b>Swim Team (3)</b>		6:00pm - 6:30pm <b>Lap Swim (2)</b> <b>Swim Team (3)</b>		6:00pm - 6:30pm <b>Lap Swim (2)</b> <b>Swim Team (3)</b>		
6:30pm - 8:30pm <b>Swim Team</b>		6:30pm - 8:30pm <b>Swim Team</b>		6:30pm - 8:30pm <b>Swim Team</b>		
<b>CLOSED</b>		<b>CLOSED</b>		<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>

Please Be Advised - Swim Lessons at Shoreview have been CANCELLED for Session 5 (Sept 9-Oct 27).