



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA SUMMER SPORTS FAQ

How do I get my child signed up for Summer Sports?

Register your child online at ymcanorth.org/summer. If you have any questions or need help registering, you can contact our customer service center at 612-230-9622.

Why should my child attend YMCA Summer Sports?

Our coaches are second to none and willing to mentor any child. Our YMCA sports team has a breadth of knowledge and experience in all aspects of the sports arena. Your child will have a first class learning experience while participating in Y Summer Sports.

Will my child be in large groups for the activities?

Our sports sessions are built to encourage both small and large group participation. Participants are encouraged to just be themselves and have fun while learning sport specific skills. Our experienced coaches will take care of the rest. Many lifelong friends are made through sports and our goal at the Y is to always encourage that.

Field Trips:

- Check into program site before program hours begin.
- Participants wear their Sports Camp shirt on field trips.
- Know where your child will be going.
- Follow the director's information on field trip return time. At times field trips return to site late.

What are the expectations while in YMCA Summer Sports?

- Each participant is expected to fully participate in drills and games
- All participants should arrive on time to get the full experience
- Practicing safety at all times
- Stay hydrated throughout the day

What should I bring to YMCA Summer Sports?

- Lunch with 2 snacks (AM and PM snack)
- Tennis shoes
- Hat for sun protection
- Weather appropriate athletic apparel
- Water bottle
- Sunscreen
- Any necessary health related items
- Label all belongings

Will there be other kids who are new to Summer Sports?

All participants at varying experience levels are welcome to join our summer sports. Everyone will be challenged at his or her own level.